

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Tomahawk de vita	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Tomahawk de vita	215	19	15	0	0
Unt	541	0.2	60	0	0
Usturoi	149	6.4	0.5	33	2.1

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Muschi de vita cu ficat de rata	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Muschi de vita	236	17.4	18.5	0	0
Ficat de rata	136	18.6	4.6	3.5	0
Unt	541	0.2	60	0	0
Cimbrisor	27	2,5	0,6	4.3	3.9
Cognac	222	0	0	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Pappardelle a la chef	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Pappardelle	359	12	2	71.7	3
Creveti decorticati	77	18	0.5	0	0
Rosii chery	20	1.3	0	4	1.3
Zucchini	16	0.6	0.1	3.9	1.4
Parmezan	431	38.5	25.8	3.2	0
Unt	541	0.2	60	0	0
Vin alb	73	0	0	2.4	0
Usturoi	149	6.4	0.5	33	2.1
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Salata de avocado si creveti	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Avocado	167	2	15.7	8.6	6.8
Maioneza	743	1.5	80	3	0
Creveti decorticati	77	18	0.5	0	0
Dulceata visine	115	1	0.1	27.8	0
Lamaie	29	1.1	0.3	9.3	2.8
Ulei de masline	824	0	91.3	0	0
Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Placinta cu portocale	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Portocale	47	0.9	0.1	11.8	2.4
Unt	541	0.2	60	0	0
Faina	364	10.3	1	76.3	2.7
Ou	115	13	11	1.1	0
Zahar	387	0	0	99.9	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Carpaccio de ton rosu si anghinare	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
File ton	104	24	0.9	0.5	0
Anghinare	22	2.7	0.2	2.5	1.1
Lamaie	29	1.1	0.3	9.3	2.8
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Carpaccio de somon cu ricotta si sofran	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Somon file	154	11	8.9	7.8	0
Branza ricotta	138	11	8	5	0
Sofran	310	11.4	5.8	65.4	3.9
Lamaie	29	1.1	0.3	9.3	2.8
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Creveti in sos de unt	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Creveti	77	18	0.5	0	0
Unt	541	0.2	60	0	0
Peperoncini	314	12.3	16.8	54.7	34.2
Ulei de masline	824	0	91.3	0	0
Patrunjel	36	3	0.8	6.3	3.3
Cruton	318.1	8.6	8.9	50.2	3.2

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Creveti in sos de vin	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Creveti	77	18	0.5	0	0
Unt	541	0.2	60	0	0
Ulei de masline	824	0	91.3	0	0
Vin alb	73	0	0	2.4	0
Busuioc	27	2.5	0.6	4.3	3.9
Cruton	318.1	8.6	8.9	50.2	3.2

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Platou de branzeturi	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Branza Camembert	308	21.5	23	1.5	0
Blue cheese	431	13	42	0.5	0
Branza brie	337	20.8	27.7	0.5	0
Parmezan	431	38.5	25.8	3.2	0
Struguri	69	0.7	0.2	18.1	0.9
Mar	49	0	0	11.2	0.1
Nuci	712	15.5	69.1	3.7	6.8
Stafide	299	3.1	0.2	74.9	1.8
Miere	324	0.4	0	81	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Crostini Quattro formaggi	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Paine prajita	292	8.5	41	9	6.5
Branza Camembert	308	21.5	23	1.5	0
Blue cheese	431	13	42	0.5	0
Branza brie	337	20.8	27.7	0.5	0
Parmezan	431	38.5	25.8	3.2	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Crostini cu somon afumat si mozzarella	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Paine prajita	292	8.5	41	9	6.5
Somon	154	11	8.9	7.8	0
Mozzarella	302	25	22	1	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Bruschete cu rosii	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Paine prajita	292	8.5	41	9	6.5
Rosii	20	1.3	0	4	1.3
Busuioc	27	2.5	0.6	4.3	3.9
Ulei de masline	824	0	91.3	0	0
Usturoi	149	6.4	0.5	33	2.1

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Supa crema de ciuperci cu trufe	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Ciuperci	30	2.8	0.2	2.9	2.5
Smantana lichida	206	2.3	20	4.2	0
Ceapa	42	0.9	0.1	10.1	1.4
Crema de trufe	309	1.8	33	1.6	0.5
Cruton	318.1	8.6	8.9	50.2	3.2
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Supa crema de mazare cu prosciutto	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Mazare	73	5.5	0.7	7.4	7.8
Prosciutto crudo	228	26.2	13.6	0.2	0.5

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Ciorba zilei	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Ciorba zilei	61.7	1.4	2.3	9.2	1.4
Ardei iute	10	0	0	2	0
Smantana	114	3	10	3	0

Paine	223	11.3	0.3	44.7	3.7
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Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
Salata Caesar	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Salata iceberg	12.2	1	0.2	3.4	1.8
Piept de pui	119	22.6	2.6	0.6	0
Crutoane	318.1	8.6	8.9	50.2	3.2
Parmezan	431	38.5	25.8	3.2	0
Sos caesar	220	0.2	21.8	5.6	0

Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
Salata greceasca	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Mix salata verde	24.9	1.8	0	4.4	1.5
Rosii	20	1.3	0	4	1.3
Castraveti	12	0.6	0.2	2.2	0.7
Ardei kapia	26	1	0.3	6	2.1
Branza feta	230	11	19	3	2
Masline kalamata	226	1.8	22.5	3.9	3.9
Ulei de masline	824	0	91.3	0	0
Oregano	27	2,5	0,6	4.3	3.9

Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
Salata de rucola cu piept de pui	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Rucola	25	2.6	0.7	3.7	1.6
Piept de pui	222	0	0	0	0
Rosii cherry	20	1.3	0	4	1.3
Parmezan	431	38.5	25.8	3.2	0
Lamaie	29	1.1	0.3	9.3	2.8
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Salata de andive cu piept de curcan	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Andive	17	1.3	0.2	3.4	3.1
Piept de curcan	103	20	2	1	0
Fulgi de migdale	619	24	53	5.7	0
Branza camembert	308	21.5	23	1.5	0
Ulei de masline	824	0	91.3	0	0
Lamaie	29	1.1	0.3	9.3	2.8

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Salata de andive cu iaurt	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Andive	17	1.3	0.2	3.4	3.1
Iaurt	54	3.2	2.8	4	0
Oregano	27	2,5	0,6	4.3	3.9
Ulei de masline	824	0	91.3	0	0
Lamaie	29	1.1	0.3	9.3	2.8

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Pappardelle cu trufe	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Pappardelle	359	12	2	71.7	3
Crema de trufe	309	1.8	33	1.6	0.5
Smantana lichida	114	3	10	3	0
Unt	541	0.2	60	0	0
Parmezan	431	38.5	25.8	3.2	0
Trufe	290	9.3	0	2.1	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Pappardelle cu fructe de mare					
Pappardelle	359	12	2	71.7	3
Mix fructe de mare	70	13	1.6	1	0
Sos de rosii	69	1.4	4	6.3	1.4
Oregano	306	11	10.3	64.4	42.8
Vin alb	73	0	0	2.4	0
Usuturoi	149	6.4	0.5	33	2.1

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Paste cu sos rosu/alb					
Tagliatelle	350	12.5	1.2	70.5	3.5
Sos de rosii	69	1.4	4	6.3	1.4
Sos alb	515.8	1.6	53.1	6.9	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Sarmale cu mamaliguta si ardei iute					
Carne tocata	272	27	17	0	5.9
Orez	345	15	2.3	61	9.5
Ceapa	42	0.9	0.1	10.1	1.4
Varza	31	1.6	0.2	5.7	2
Bullion rosii	69	1.4	4	6.3	1.4
Bacon	268	15.1	23.9	1.3	0
Malai	349	7	1	78	1
Cimbru	27	2,5	0,6	4.3	3.9
Ardei iute	29	0.7	0.2	2	6.4
Smantana	114	3	10	3	0

Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Carne de la garnita cu ou si mamaliguta					
Pulpa porc	116	20.9	3.4	0.5	0.3
Muschiulet porc	236	17.4	18.5	0	0
Carnati semiafumati	346	19.9	9	1.6	0
Untura porc	924	0.1	99.7	0	0
Ou	115	13	11	1.1	0
Malai	349	7	1	78	1

Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Muschi de vita la gratar					
Muschi de vita	215	19	15	0	0
Unt	541	0.2	60	0	0
Cimbrisor	27	2,5	0,6	4.3	3.9

Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Antricot de vita la gratar					
Antricot de vita	236	17.4	18.5	0	0
Unt	541	0.2	60	0	0
Usturoi	149	6.4	0.5	33	2.1
Cimbrisor	27	2,5	0,6	4.3	3.9

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
T-bone de vita	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
T-bone de vita	215	19	15	0	0
Unt	541	0.2	60	0	0
Rozmarin	27	2,5	0,6	4.3	3.9
Usturoi	149	6.4	0.5	33	2.1

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Burge de vita cu cartofi aromatizati	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Carne tocata de vita	272	27	17	0	5.9
Branza cheddar	431	13	42	0.5	0
Ceapa	42	0.9	0.1	10.1	1.4
Rosii	20	1.3	0	4	1.3
Castraveti murati	28	1.2	0.1	4.6	0
Sos remoulade	227	1.1	24	13	0
Salata iceberg	12.2	1	0.2	3.4	1.8
Cartofi	69	1.7	0.1	15.7	2.4
Cimbrisor	27	2,5	0,6	4.3	3.9
Boia afumata	282	14	13	54	35
Usturoi	149	6.4	0.5	33	2.1
Patrunjel	27	2,5	0,6	4.3	3.9

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Pui cu sos Quattro formagi	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Piept de pui	222	0	0	0	0
Smantana lichida	114	3	10	3	0
Unt	541	0.2	60	0	0
Branza Camembert	308	21.5	23	1.5	0
Blue cheese	431	13	42	0.5	0
Branza brie	337	20.8	27.7	0.5	0
Parmezan	431	38.5	25.8	3.2	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Pulpa de rata confit cu varza calita	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Pulpa de rata	199.6	24.6	1-.5	0	0
Varza rosie	30	1.7	0.2	5.7	2

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Frigarui de porc cu legume	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Muschiulet porc	119	31	3	2	0
Ardei gras	26	1	0.3	6	2.1
Ceapa	42	0.9	0.1	10.1	1.4
Ciuperci	30	2.8	0.2	2.9	2.5
Rosii	20	1.3	0	4	1.3

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Calamar la gratar cu sos de lamaie	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Calamar tentacule	92	15.6	1.4	3.1	0
Vin alb	73	0	0	2.4	0
Lamaie	29	1.1	0.3	9.3	2.8
Unt	541	0.2	60	0	0
Ulei de masline	824	0	91.3	0	0
Patrunjel	27	2,5	0,6	4.3	3.9

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Fritto misto	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Calamar tentacule	92	15.6	1.4	3.1	0
Inele calamar	133	29.6	2.8	6.6	0
File biban	97	18.4	2	0	0
Creveti Black Tiger	66.7	20	0.5	0	0
Midii	86	11.9	2.2	3.7	0
Usturoi	149	6.4	0.5	33	2.1
Vin alb	73	0	0	2.4	0
Rosii chery	20	1.3	0	4	1.3
Lamaie	29	1.1	0.3	9.3	2.8
Ulei de masline	824	0	91.3	0	0
Patrunjel	27	2,5	0,6	4.3	3.9

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Ton rosu cu sos de piper verde	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
File de ton rosu	104	24	0.9	0.5	0
Piper verde	255	11	3.3	84.8	26.5
Smantana lichida	114	3	10	3	0
Cognac	222	0	0	0	0

Vin alb	73	0	0	2.4	0
Lamaie	29	1.1	0.3	9.3	2.8
Ulei de masline	824	0	91.3	0	0
Patrunjel	27	2,5	0,6	4.3	3.9

Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Somon cu sos provencale					
Somon file	144	11	8.9	7.8	0
Ardei gras	26	1	0.3	6	2.1
Oregano	27	2,5	0,6	4.3	3.9
Usturoi	149	6.4	0.5	33	2.1
Vin alb	73	0	0	2.4	0
Lamaie	29	1.1	0.3	9.3	2.8
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Cartofi prajiti					
Cartofi	69	1.7	0.1	15.7	2.4

Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Piure de cartofi cu trufe					
Cartofi	69	1.7	0.1	15.7	2.4
Crema de trufe	309	1.8	33	1.6	0.5

Denumire Produs	DECLARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Legume gratar					
Vinete	24	1	0.2	5.7	3.4
Zuchinni	33	0.8	0.5	5.6	2
Rosii	69	1.4	4	6.3	1.4

Ciuperci	30	2.8	0.2	2.9	2.5
Ardei gras	26	1	0.3	6	2.1
Ceapa	42	0.9	0.1	10.1	1.4
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Ciuperci la gratar	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Ciuperci	30	2.8	0.2	2.9	2.5
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Cartofi cu ierburi provance	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Cartofi	69	1.7	0.1	15.7	2.4
Rozamarin	131	3.3	5.9	20.7	14.1
Cimbru	27	2,5	0,6	4.3	3.9
Oregano	306	11	0.3	64.4	42.8
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Edamame sote	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
edamame	109	11.2	4.7	7.6	4.8
Vin alb	73	0	0	2.4	0
Unt	541	0.2	60	0	0
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Spanac sote	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Baby spanac	14	2	0.1	0	2.2

Vin alb	73	0	0	2.4	0
Unt	541	0.2	60	0	0
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Orez cu unt si parmezan	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Orez	345	15	2.3	61	9.5
Parmezan	431	38.5	25.8	3.2	0
Unt	541	0.2	60	0	0
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Salata de ardei copti	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Ardei kapia	26	1	0.3	6	2.1
Ulei	900	0	100	0	0
Otet	29	0.1	0	6.1	3

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Salata muraturi asortata	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Castraveti murati	28	1.2	0.1	4.6	0
Gogosari murati	33	0.7	0.7	4.6	2.5

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Salata verde	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Salata verde	17	1.3	0.3	3.3	0
Lamaie	29	1.1	0.3	9.3	2.8
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Salata sfecla rosie cu hrean					
Sfecla rosie	50	0	0	11.3	1.3
Hrean	67	0	7	13	6
Ulei	900	0	100	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Papanasi cu smantana si dulceata					
Branza de vaci	70	12	0.2	4.1	0
Faina	345	10.8	0.2	73.1	0
Ou	115	13	11	1.1	0
Zahar	387	0	0	99.9	0
Smantana	114	3	10	3	0
Dulceata de visine	282	0.8	0	68	0
Dulceata de afine	314	0	0	78	0.4

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Clatite cu ciocolata/ dulceata					
Ou	115	13	11	1.1	0
Faina	345	10.8	0.2	73.1	0
Zahar vanilat	396	0	96	0	0
Crema de ciocolata	445	14.1	24.2	43.9	2.4
Dulceata de visine	282	0.8	0	68	0
Dulceata de afine	314	0	0	78	0.4

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Lasagna desert	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Foi lasagna	336	13.5	4	67	4
Mar	49	0	0	11.2	0.1
Sos caramel	318	2.4	4.1	60	0
Scortisoara	269	3.2	3.9	79.8	54.3
Zahar	387	0	0	99.9	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Inghetata asortata	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Inghetata vanilie	179	2.4	8	24	0
Inghetata ciocolata	67	1.3	2.6	9.3	0
Inghetata fructe de padure	159	2	29	26	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Sos de ciuperci	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Mix ciuperci	30	2.8	0.2	2.9	2.5
Usturoi	149	6.4	0.5	33	2.1
Ulei de masline	824	0	91.3	0	0
Vin alb	73	0	0	2.4	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Sos de usturoi	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Usturoi	149	6.4	0.5	33	2.1
Smantana	114	3	10	3	0
Patrunjel	276	22.4	4.4	51.7	30.4

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Sos picant	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Sos rosii	69	1.4	4	6.3	1.4
Pepperoncini	276	22.4	4.4	51.7	30.4
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Sos mediteranean	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Migdale	619	24	53	5.7	0
Masline kalamata	226	1.8	22.5	3.9	3.9
Vin alb	73	0	0	2.4	0
Patrunjel	276	22.4	4.4	51.7	30.4

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Sos de piper verde murat	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Piper verde murat	276	22.4	4.4	51.7	30.4
Smantana lichida	114	3	10	3	0
Unt	541	0.2	60	0	0
Cognac	222	0	0	0	0
Vin alb	73	0	0	2.4	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Sos alioli	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Usturoi	149	6.4	0.5	33	2.1
Ou	115	13	11	1.1	0
Ulei de masline	824	0	91.3	0	0

Denumire Produs	DECARATIA NUTRITIONALA exprimata per 100 g produs				
Chifla ciabatta	Valoare energetica (Kcal)	Proteine (g)	Grasimi (g)	Glucide (g)	Fibre (g)
Chifla ciabatta	229	8.5	1.5	43.9	0